

Welcome to...



Why One 2 One Professionals?

One 2 One professionals are motivated and committed to supporting personal, professional and business growth transformation.

We offer proven methods to change thinking, communication, behaviours and attitudes using leading edge development tools and techniques to achieve great sustainable results.

Executive Development Services

- For public and private sector businesses, the continuous development of the individual, the team and the culture is more in focus.
- Our **primary focus** is helping small, medium and large businesses to evolve. **Our secondary focus** is supporting individuals and new businesses with their approaches that will make them more viable in the commercial world.

Our Coaching Focus

The Organisation and its People



Solutions Partnership

1. Align and understand the challenges facing business & professionals
2. Focus and show what's possible to solve the issues & develop key strategies
3. Exclusive assistance and support

Benefits to the Individual

- Preparation for role/career changes
- Managing stress, change, conflict or crisis
- Enhancing personal impact and performance

Benefits to the Organisation

- Greater commitment and loyalty
- Retention of key people who feel valued
- Increased creativity and perspective in business planning
- Improved management of staff which cascades to all levels
- Embedded culture of integrated value

My Background

- Studied Business Computing: practical leading edge technology subject.
- Learned and developed key analytical skills to understand business, its processes, its data flows and people to design user friendly system solutions.
- Ability to understand people, issues, situations including stakeholder motivations regards to goal attainment.
- Naturally analytical and curious about people, their thinking, behaviours and feelings to bring out their natural positive potential.

Corporate Experience...

- Attracted to dynamic and compelling environments. Enjoyed learning from leaders, managers, teams of professionals and specialists in fast moving global Telecoms industry.
- Proactively steered career knowledge and experience across key commercial business functions relating to people, systems, products and services.
- Enjoyed responsibility, thriving on challenges and learned on the job with exceptional mentors.
- Committed to my continuous professional growth, enabling change and delivering results.

My Motivations

- Passionate about learning and developing potential in people and business.
- Sharing knowledge & enabling people to work smarter and be fully engaged.
- Continuous education nurtures my curiosity & builds my knowledge to share it through coaching & mentoring.
- Making a positive difference personally and professionally with tangible results. A noticeable return on investment.

10 year Coaching Consultancy

- Developed and delivered coaching programmes, supported team building, facilitated project teams, resolved conflict & provided focused group workshops
- Worked with senior executive management, experienced managers and aspiring managers, teams of specialists and new professional career starters
- Clients across private and public sectors: Telecoms, Information Technology Services, Engineering, Manufacturing, Care Services, Education, Housing, Logistics, Auto Trades, Food Services, Publishing.....

Credentials

- BA Hons Business Computing
- Certified Professional Coach
- Board Certified Coach (BCC): Center for Credentialing & Education
- Belbin Team Roles Accredited
- NLP Business & Master Practitioner
- Professional Member of the Association of Neuro Linguistic Programming (ANLP)
- Member of Association for Coaching UK (AC)

Memberships



MEMBER OF THE
ASSOCIATION FOR
NEURO LINGUISTIC
PROGRAMMING

- Ethical
- Professional
- Integrity
- Credible